



Body Soul Spirit Education

Soul Purpose Facilitator Training Course Outline

Comprises of 14 units over 12 months requiring 4 x 2 day weekend workshop attendance OR 8 days intensive training. The expected number of study hours per week is 2 hours over a one year period. Students are expected to complete an external assessment task and 10 case studies gained through practical experience.

Specific objectives of the program are to ensure an advanced level of knowledge about approaches to healing, to identifying life direction and soul purpose facilitation; to provide training in facilitation and develop skills for immediate application, upon completion of the training, in a professional/workplace environment.

First Workshop or Days 1 & 2 – This weekend’s units are designed for personal development with the aim of introducing students to defining your purpose of being and the application of the being state through:

- Your three levels of power and healing: archetypes as constructive or destructive behaviour, archetypes as life lessons and spiritual tasks
- The process of identifying and understanding the four common archetypes,
- Identifying and understanding your eight personal archetypes,
- Understanding the role of the ego and the shadow in archetypes
- Identifying your archetypes highest potential
- Profiling archetypes for the purpose of identifying your life and soul purpose, and
- Constructing and reading your archetypes and soul contracts for personal use across the life span.

Unit 1 – Introduction to your purpose of being through your archetypes, identifying your life direction, soul purpose and soul contracts.

Unit 2 – Identify, understand and profile personal archetypes, life direction, and soul purpose and soul contracts for personal use.

Second Workshop or Days 3 & 4 – This weekend's units are designed for life and soul purpose facilitation application within a professional setting with the aim of defining the client's purpose of being and the application of the being state through:

- The process of identifying and understanding the four common archetypes,
- Identifying your clients eight personal archetypes – the shadow and highest potential,
- Identifying the role of each archetype, its challenges, or life lessons, and the spiritual task contained within each archetype,
- Profiling your clients archetypes for the purpose of identifying the clients life and soul purpose, and
- Constructing and reading their archetypes and soul contracts for personal and spiritual empowerment, healing, life direction and personal use across the life span.

Unit 3 – Identify, understand and profile life purpose and soul contracts for professional use.

Unit 4 – Practical assessment in identifying archetypes, life and soul purpose profiling, and identifying soul contracts.

External Practicum Component – 5 hours:

Unit 5 – Field Experience and Practical Issues.

Third Workshop or Days 5 & 6 – Saturday's units are designed for students as personal development with the aim of introducing, understanding and evaluating the stages of spiritual development, healing and growth across the life span: liberating the spirit and manifesting potential, according to the chakra model of the human energy system, understanding and identifying the energy centres of the body, where your biography becomes your biology. Topics covered:

- The Soul's Journey
- Entering the temple of your soul
- Dialogue with the soul
- Your personal missions
- Your soul challenges
- Your personal power
- Your spiritual quests

- Overview of the chakra system: chakra analysis
- Evaluation of the chakra system: chakra evaluation
- Healing path options

Unit 6 – Introduction to the chakras of the human energy system, liberating the spirit and manifesting your potential according to the stages of spiritual development, healing and growth.

Unit 7 - Identify and evaluating stages of spiritual development and growth for personal use according to the chakra system.

Sunday's units are designed for the purpose of understanding and evaluating the chakra stages of spiritual development, healing and growth for professional application.

Unit 8 – Identify and evaluate chakra stages of spiritual development, healing and growth for professional use.

Unit 9 – Practical assessment in evaluating stages of spiritual development, healing and growth across the life span according to the chakra system.

External Practicum Component – 5 hours

Unit 10 – Field Experience and Practical Issues.

Fourth Workshop or Days 7 & 8 – Saturday's units are designed for the purpose of integrating your understanding, skills and knowledge of archetypes and life and soul purpose within the stages of spiritual development, healing and growth across the life span for professional/client application. Topics covered:

- Developing and applying your personal spiritual philosophy
- Activating empowerment for the purpose of healing
- Reading archetypes and chakras for clients within a professional setting
- Ethics in facilitation
- Business management and planning

Unit 11 – Integrating archetypes, life and soul purpose within the context of the chakra stages of spiritual development, healing and growth across the life span.

Sunday's units are designed help students understand and implement ethics in the facilitation process and undertake effective business management and planning.

Unit 12 – Ethics in facilitation

Unit 13 – Business marketing and management and planning skills

External Assessment Task – Unit 14 – Written assessment in Life and Soul Purpose facilitation and Identifying and Evaluating Stages of Spiritual Development, Healing and Growth across the life span and applying Ethics in Facilitation.